

Affordable Recreation for All

"You are never lonely if you can connect"



LIBRARIES

The local Libraries offer a variety of free services including:

- Library takeout
- Digital library (books, videos and music)
- Computer internet and printing
- Newcomers and World Languages
- Library programs for all ages (book clubs, crafts, knitting and more!)
- BC Wildlife Park Passes!

There are two ways to get your free library card:

- Register [online](#)
- Visit in person and register at one of these 2 locations:

Kamloops Library,
Thompson-Nicola Regional Library
465 Victoria St #100,
Kamloops
[250.372-5145](tel:250.372.5145)

North Kamloops Library,
Thompson-Nicola Regional Library
93 Tranquille Rd, Kamloops
[250.554.1124](tel:250.554.1124)

Aberdeen Tiny Library
1320 Trans-Canada Hwy,
Kamloops
[250-471-2100](tel:250-471-2100)

KIS Community Connections Calendar
Free activities for all Ages. Check our webpage:
immigrantservices.ca

Affordable Recreation for Community Health (ARCH) and KamPass

Affordable Recreation for Community Health (ARCH) is a subsidy program that helps eligible Kamloops residents with low income access City facilities and programs. The city of Kamloops understands the value of recreation for healthy living and want to help people in our community to reach their goals.

Kamloops Activity Guide: <https://www.kamloops.ca/recreation-culture/register-program/activity-guide>

Kam Pass - Affordable Transportation: Uses the same application as ARCH program. Provides affordable bus passes at a cost of \$7.25 per month.
Contact Liza Ferris for eligibility and registration: liza@kcris.ca 778-470-6101 ext. 112

Other Programs

YMCA-YWCA Kamloops Opportunity Fund. Available for those who are financially unable to pay the full membership and/or program fees. For children.

Locations:

- Downtown: 400 Battle St. Kamloops 250.372.7725
- Northshore (John Tod Centre): 150 Wood St. Kamloops 250.554.9622
- BC Early Years Centre: 150 Wood St. Kamloops 250.376.4771 <https://www.kamloopsy.org/eyccrr.htm>

The Boogie the Bridge Cultural Fund (BBCF) was established in 2005 to help support, develop and nurture creative growth for Kamloops children and youth by offering funds to help cover the cost of programs, events or workshops such as music, theatre, dance and arts. The BBCF supports children and youth between the ages of 5 and 18 years who are in need of financial assistance. Funds are awarded based on needs and merit, with annual awards ranging up to \$250 per child.
boogiethebridge.com/boogie-the-bridge-cultural-fund/

KidSport Kamloops is a local chapter of KidSport Canada. It is a not-for-profit organization that works to remove the financial barriers that otherwise prohibit a child from playing sports. Funds raised locally are spent locally and are distributed as grants to cover registration and/or equipment fees associated with participation in a season of sport.
kidsportcanada.ca/british-columbia/kamloops/

Volunteer Kamloops

Volunteering is a great way for you to start building a sense of community, which in turn can help you make new friends and connect with others.

Contribute and share your skills: Volunteering to help and sharing your skills with others can be rewarding and provide opportunity to connect and work with others.

People who volunteer show an increase in overall happiness, improved physical health, greater self-esteem and self-confidence. volunteerkamloops.org

Toastmasters

Toastmasters is a non-profit educational organization that teaches public speaking and leadership skills through a worldwide network of clubs. Toastmasters helps people from diverse backgrounds become more confident speakers, communicators, and leaders.

Additional information: toastmasters.org

Find your local toastmaster [here](#)

Parks & Trails

Use these links to find Parks and Trails in your area:

Information on 83 parks [here](#)

Additional search options:

www.kamloops.ca/recreation-culture/parks-sports-fields/parks-trails-maps

Kamloops Hiking Club (membership is \$30 per year):

kamloopshikingclub.net/

Kamloops Outdoor Club:

kamloopsoutdoorclub.ca