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Volunteer Guide



Sponsored by: Kamloops-Cariboo Regional Immigrants Society

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Introduction

"Volunteering is fundamental to a healthy and democratic society; all citizens have a right and a responsibility to contribute in the manner that works for them" The Canadian Code for volunteer involvement

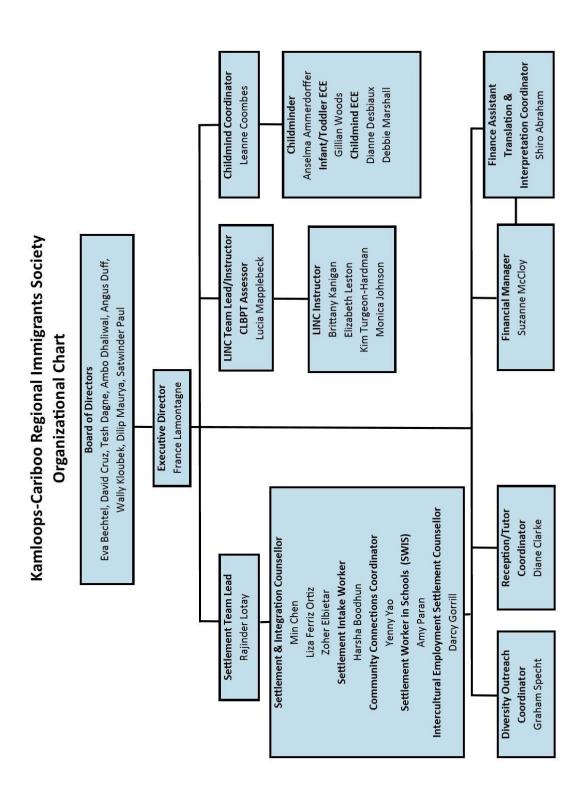
As Newcomers you may be looking to volunteering as a way to contribute and integrate into your new community, develop skills, and gain Canadian experience.

As Canadians you may be looking to volunteering as a way to strengthen your ties to the community, exposing you to people with common interests, neighbourhood resources, and fun and fulfilling activities.

We are thankful for the opportunity to develop with you a reciprocal relationship where your goals and the agency's mission are considered in a mutual approach to building community.

We have compiled information and guidelines to help you succeed as a KIS volunteer.

We look forward to growing with you.



Mission and Values

Kamloops-Cariboo Regional Immigrants Society is a not for profit, registered society and registered charity. Programs and services are delivered through an agency "Kamloops Immigrant Services."

Mission

- To deliver a broad range of programs which are sensitive to the needs of the culturally diverse community.
- To deliver programs and activities designed to facilitate immigrants, visible minorities, first generation Canadians and their families in becoming full and equal members of Canadian society.
- To inform and sensitize the region on immigration, settlement, integration, and multicultural issues.
- To promote the elimination of racism and to facilitate organizational and institutional change.
- To provide assistance necessary for immigrants, visible minorities and first generation Canadians and their families to become full and equal members of Canadian society.
- To facilitate organizational and institutional change to meet the needs of a culturally diverse society.

Values

Kamloops-Cariboo Regional Immigrants Society operates according to the following core values:

- Excellence in service delivery
- Mutual respect
- Inclusiveness
- Collaboration
- Harmony
- Diversity
- Honesty
- Integrity
- Equity

Our Programs & Services

Our Programs

- Settlement Services
- English Language Instruction
- Employment-Readiness Services
- Settlement Workers in Schools
- Orientation clinics and classes
- Life Skills workshops
- Wellness activities
- Diversity and outreach
- ESL Tutoring
- Mentoring
- Translation and Interpretation

Settlement Services

- Needs Assessment
- Information and Orientation
- Referrals to service providers
- Connections to government programs
- Advocacy
- Citizenship preparation
- Multilingual staff 14 languages
- Community connections

Support Services

- Free childminding on-site while eligible clients access KIS services
- Translation and Interpretation (fee for service, more than 40 languages available)
- Crisis Counselling
- Conversation Circles English practice

Intercultural Employment Settlement Program

- Skills development
- Job search and local resources
- Employment needs assessment
- Job search & job readiness coaching
- Job leads and employment opportunities
- Entrepreneur support and resources
- Referrals
- Workplace culture
- Skills development and training support

Settlement Workers in Schools (SWIS)

- Connecting immigrant refugee students and families to school, community, government resources including access to recreation for low income families
- School registration and orientation Elementary and Secondary Students
- Understanding school policies and procedures
- Communicating with teachers and administrators
- Parent-Teacher interview support
- Workshops and information sessions (Parenting in Canada, Lunch Box Nutrition)
- Consultation on school transition
- Advocating for newcomer students and families

Community Connections

- Social, cultural and professional interactions
- Citizenship 101 study
- Learn to camp
- Blazers hockey games
- Local community events and field trips
- Mentorship program

Community Connections continued

- Life skills workshops
- Hiking, yoga, gardening
- More activities available

Language Instruction for Newcomers to Canada (LINC)

- Free English classes (Literacy to CLB 8) for eligible clients
- Flexible schedule: morning, afternoon and evening classes
- Small groups, great atmosphere
- Focus on life in Canada, employment, including field studies
- Certified Canadian Language Benchmark Placement Test (CLBPT)
- Seats available for non-eligible clients for a fee

Diversity

- Promotes a welcoming community through workshops, events and activities
- Presentations in schools and organizations
- Promotion of Multiculturalism
- Community events and field trips
- Collaboration with local agencies
- Weekly "Community Connection" activities

Volunteer Opportunities at Kamloops Immigrant Services

Childmind Support

Description: Help our experienced childminders care for newcomer children, to allow their

parents to attend our classes and events.

Duties: - Assist with the preparation of snacks, arts/crafts, indoor & outdoor activities.

- Assist children with arts/crafts, mealtimes, games & activities.

- Respect & follow the guidance of the Childmind Coordinator, childminding

guidance policies and the confidentiality agreement.

- Regular scheduled attendance.

Prerequisites: Gain experience working with children! We welcome responsible adults, certified

ECE (Early Childhood Education) Assistants and/or individuals with or working towards a full ECE certification. You will gain experience working with children under the guidance of an Early Childhood Educator. We are looking for an individual who is committed to support children to achieve their development

goals.

<u>Translator/Interpreter</u>

Description: Support newcomers the general public while using your communication and

language skills! We coordinate an Interpretation and Translation Service, provided through a network of volunteers and professionals. Translation involves working with documents in different languages. These often need to be notarized as well. Interpretation involves verbal skills, helping people with different languages understand each other. Volunteers are needed to translate (written) and interpret

(oral) for clients and for other organizations (i.e. hospital, court, R.C.M.P.).

Duties: - To interpret and translate accurately

- To respect and abide by strict rules of confidentiality

- To remain impartial and have the capacity to be passively receptive.

- To attend all relevant training sessions

Prerequisites: This person must be bilingual and bicultural and must have a good understanding

of the Canadian system. Volunteers must undergo orientation.

E.S.L. Tutors

Description: Provide extra support for a newcomer as they work towards their goal of English

language acquisition. Gain experience as a tutor while assisting immigrants to improve their English skills and learn more about Canada by establishing a link with a volunteer within the community! Volunteers are placed according to their previous experience and interest in learners who are unable to attend regular LINC (Language Instruction for newcomers to Canada) classes or who have special learning needs. Assist newcomers with improving their English language skills in an informal environment, working on a one-on-one basis with individuals with

diverse language skills levels.

Duties: - Provide one-on-one support and English language instruction

Prerequisites: Experience teaching, TESL certificate, excellent English language skills, patience,

and non-judgemental attitude.

Conversation Circle

Description: Encourage a group of 2-5 newcomers to practice speaking English in the weekly

conversation group. Conversation questions will be provided on a different topic

each week.

Duties: - Ensure all participants get a chance to practice speaking

Explain difficult vocabulary, expressions, and grammar

Promote an inclusive, respectful environment

Prerequisites: Previous teaching experience is preferred. Excellent English language skills,

personable, non-judgemental.

Community Connections Mentorship

Description: The mentorship Program matches newcomers to Canada with a volunteer who is

familiar with Kamloops to meet once per week. This is a fun, friendship based program, and is very rewarding for both participants and volunteers. You are welcome to share skills, knowledge and time with newcomers helping them adjust

to life in Kamloops by teaching them about Canadian culture and lifestyle, community resources, how to connect with local people and improve their English. You will be matched with a newcomer based on shared interests and

many matches turn into lasting friendships.

Duties: - Take the initiative in contacting your match

Meet weekly at a place/time that is mutually agreeable

- Respect and abide by strict rules of confidentiality

Community Connections Mentorship continued

Prerequisites: This person must be very familiar with Kamloops and Canadian culture. This

volunteer must also be open to learning about new cultures, patient and

understanding, non-judgemental.

Computer Mentors

Description: Share your computer skills with small groups of newcomers looking for help with

basic skills. For some participants, learning to use e-mail and social media can help them connect with family and friends, while for others learning MS Office and

Excel can be the key to helping them find employment.

Duties: - Attend weekly 1 hour sessions

- Instruct 1-3 newcomers on basic computer functions, based on their needs

Prerequisites: Must have good computer skills and an interest in teaching. Must be patient and

able to give clear instructions.

Workshop and Program Facilitators

Description: Help newcomers to Canada settle into our community by sharing your skills with

them! Whether you are a yoga instructor who wants to give back, or a history buff who can help teach Citizenship, you are welcome to pitch us your programming ideas! We are always looking for experts who can share their professional knowledge and skills with newcomers to live a healthy lifestyle through workshops and presentations. For example law, medical, therapy, dental and

nutrition workshop.

Duties: - Meet with Community Connections Coordinator to discuss your programming

idea

- Share your expertise on a particular topic. This can be a weekly recurring

program, or a one-time event.

Prerequisites: Must be qualified to teach or instruct on the topic at hand – requirements for this

will vary. Must have the ability to teach in a respectful, non-judgemental manner.

Experience working with diverse groups is an asset.

Special Events Assistants

Description: Volunteers are needed to provide support for a variety of events. Come early and

help us set up the room, then welcome the participants as they arrive. Join in the

event and then help us clean up when it's done!

Prerequisites: All you need is to be a good team player! This is a great volunteer opportunity for

those who are still learning English.

General Guidelines

Things Not To Do/Say as a Volunteer

- Give advice..."you should..."
- Ridicule or put down clients..."can't you get the answer...?"
- Respond in a judgmental way; develop a non-accepting climate.
- Express sympathy or feel sorry for the client..."that must be so, so awful; oh you poor thing...."
- Ask irrelevant questions, ask questions about the client's personal life.
- Interrupt or dominate the interaction.
- Talk about self instead of focusing on the concern for the client or respond to something other than what he/she may be saying.
- Talk down to the client.

Things to Do/Say as a Volunteer

- Listen by demonstrating attending behaviour: eye contact, "yes," nodding.
- Show faith in the ability of the client to solve the lesson, giving time for them to answer the question(s).
- Show caring, understanding, support, and acceptance.
- Ask questions which are directly related to the conversation or client's lesson.
- Offer relevant information.
- Speak clearly in a normal tone of voice and as close to a normal pace as possible; but if you
 notice that the client is not understanding, then speak more slowly.
- If the client does not understand try to say it differently; do not keep repeating the same message.
- Use diagrams and drawing (if possible) to help the client to understand.

Qualities of a Good Volunteer

- An enthusiastic desire to work with or for immigrants, visible minority Canadians, or new Canadians.
- A sense of humor.
- Positive behaviour and attitude.
- Patience.
- Outgoing personality.
- Emotional maturity.
- Leadership abilities.
- Acceptance of responsibilities.
- Flexibility yet firmness in providing guidance.
- Sets a good example.
- Reliable and punctual.
- Well prepared.
- Co-operative and accepting of directions from the staff.
- Willingness to grow and learn as a person.

Responsibilities of a Volunteer

Commitment

In order for the services of Kamloops Immigrant Services to be successful, it is essential for volunteers to be reliable and dependable. Once you have made a promise to be available, please live up to your words.

Completion of services

It is the responsibility of the volunteer to notify the Volunteer Coordinator if he or she will no longer be available to volunteer at the agency.

Change of Contact Information

It is the responsibility of the volunteer to notify the Volunteer Coordinator of any changes in address or phone number.

Representative of Kamloops Immigrant Services

Volunteers must be aware that they are a representative of Kamloops Immigrant Services and will be viewed as such by the clients and public.

Providing Information

It is essential that volunteers only give accurate information to clients. If a client is requesting information then the volunteer must refer the client to one of the Settlement Counsellors at Kamloops Immigrant Services who have access to all current and accurate information.

Policies at Kamloops Immigrant Services

Confidentiality

Maintaining confidentiality is <u>one of the most important responsibilities</u>. Information concerning the clientele, staff, and volunteers at Kamloops Immigrant Services must be confidential. If there is information which you feel must be shared, do so only with the appropriate staff member of Kamloops Immigrant Services.

Use of Name of the Organization

Individuals should only speak on behalf of the agency if they have been asked to by the Board of Directors or the Executive Director. In all other situations, volunteers should make it clear that they are speaking for themselves.

Political Affiliation

Kamloops Immigrant Services is a non-partisan organization; therefore, volunteers should not associate the agency to any particular political member or organization without the permission of the Board of Directors or the Executive Director.

Religious and Cultural Affiliation

Kamloops Immigrant Services treats each and every individual with the utmost respect regardless of culture, religion, or race. Thus, volunteers should not associate the agency to any particular religion or culture organization without the permission of the Board of Directors or Executive Director.

Use of Resources

Resources of Kamloops Immigrant Services are not to be used for any reason or business purpose that is not directly related to the agency. This includes the equipment and space owned by the agency.

Acceptance of Gifts

The acceptance of gifts is discouraged by Kamloops Immigrant Services. If a client wishes to express his or her gratitude, he or she should donate to the agency.

K.I.S. Responsibility

As a volunteer at Kamloops Immigrant Services, you have the right to be safe, to be treated with respect and dignity by staff and clients, to access all of Kamloops Immigrant Services' resources as required by your volunteer duties and to receive an appropriate orientation to the agency, its policies, and procedures.

Legal Responsibilities of the Volunteer

Duty of Care

A duty of care is the responsibility to avoid careless injury; it may also include a responsibility to warn of a hazard.

Volunteers are not employees; therefore, duty of care is likely to proceed from the neighbourhood principle: I owe a duty of care to anyone who may be injured by my action, providing such injury is reasonably foreseen.

For example, the volunteer owes a duty of care to the children under his care because it is reasonably foreseen that they could be closely and directly affected by the volunteers' action.

Any careless action taken by a volunteer will result in automatic dismissal from the activities at Kamloops Immigrant Services.

Duty of Privacy

Volunteers engaged in activities at Kamloops Immigrant Services acquire information on the understanding that it will remain confidential. Failure to maintain confidentiality will result in an automatic dismissal from any activities at Kamloops Immigrant Services.

Volunteer Driving and Insurance

Volunteers engaged in driving at any charitable organization (such as Kamloops Immigrant Services) do not need to amend their existing vehicle insurance rate if they are not receiving any form of compensation or wage for their services.